

Planning With Kids Menu Planner App Meal List

Meal	Category	Meal	Category
Beef Stir Fry	Asian	Brownies	Desserts
Beef Stir Fry Recipe - Super Quick With Crispy Noodles	Asian	Butterscotch Self Saucing Pudding	Desserts
Chicken Korma	Asian	Chocolate Mousse	Desserts
Chicken Rice Paper Rolls	Asian	Chocolate Sauce	Desserts
Chicken Stir Fry With Seasonal Vegetables	Asian	Chocolate Self Saucing Pudding	Desserts
Fried Rice	Asian	Honeycomb Ice Cream Cake	Desserts
Homemade chicken spring rolls	Asian	Ice Cream Pudding	Desserts
Noodle boxes	Asian	Lemon Yoghurt Cake	Desserts
Rice Paper Rolls - Kid Friendly	Asian	Mini Cheesecakes	Desserts
Sang Choy Bow	Asian	Raspberry and Malteser Ice Cream Cake Recipe	Desserts
Slow Cooker Rogan Josh	Asian	Rich Moist Chocolate Cake	Desserts
Slow Cooker Satay	Asian	White Chocolate Cheesecake	Desserts
Slow cooker pulled pork	Asian	Breakfast Smoothie	Drinks
Sushi	Asian	Butter Beer	Drinks
Tuna Rice	Asian	Choc avocado smoothie	Drinks
Vietnamese Beef and Noodles	Asian	Lemon Water	Drinks
Shaped Sandwiches	Baby, Toddler	Probiotic punch	Drinks
Chocolate rice puffs – homemade breakfast cereal recipe	Breakfast	Protein kale smoothie	Drinks

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Kid Friendly Granola	Breakfast	Baked Penne With Bacon	Italian
Nut free granola	Breakfast	Calzone	Italian
Steel cut oats porridge (slow cooker recipe)	Breakfast	Chicken Lasagne	Italian
Sweet Potato Hash	Breakfast	Chicken and Pumpkin Pasta Bake	Italian
Almond Butter Recipe	Condiments	Home Made Pizzas	Italian
Almond and Chilli Dukkah	Condiments	Italian Meatballs	Italian
Beetroot and mint dip	Condiments	Lasagne	Italian
Chocolate walnut butter	Condiments	Mushroom and Spinach Oven Baked Risotto	Italian
Coconut Oil Mayonnaise	Condiments	Pasta Amatriciana	Italian
Macadamia butter	Condiments	Pasta Bake	Italian
Sweet Chilli Sauce	Condiments	Pasta Carbonara	Italian
Sweet chilli jam	Condiments	Pasta Stir Through	Italian
Pasta With Chicken And Spinach	Italian	Ham and Cheese Scrolls	Lunch Boxes
Pasta With Pesto	Italian	Healthy Hot Dogs	Lunch Boxes
Pumpkin And Fetta Risotto	Italian	Healthy chocolate clusters	Lunch Boxes
Pumpkin, Bacon and Corn Oven Baked Risotto	Italian	Homemade pita chips	Lunch Boxes
Roast Vegetable Lasagne	Italian	Kale Chips	Lunch Boxes
Slow Cooker Spaghetti Bolognese	Italian	Kangaroo Burgers	Lunch Boxes
Spaghetti Bolognese	Italian	Kids' Nut Free Trail Mix	Lunch Boxes
Tomato and Basil Gnocchi	Italian	Lemon Zucchini Cake	Lunch Boxes

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Tuna Carbonara	Italian	Lemon and Chia Muffins	Lunch Boxes
Zucchini Bolognese	Italian	Lemon and Poppy Seed Biscuits	Lunch Boxes
Macaroni and Cheese	Kid Friendly	Lemon and Poppy Seed Muffins	Lunch Boxes
Savoury Tarts	Light Meals	Lemon and coconut muffins	Lunch Boxes
Sweet Potato Hash, Eggs and Smashed Avocado	Light Meals	Lunch Box Egg and Bacon Muffins	Lunch Boxes
Arancini (Oven-baked)	Lunch Boxes	Mini Lasagnes	Lunch Boxes
Banana Bread (Gluten Free)	Lunch Boxes	Nut Free Chocolate Balls	Lunch Boxes
Banana and Oat Muffins	Lunch Boxes	Oat and Seed Lunchbox Slice	Lunch Boxes
Banana oat balls	Lunch Boxes	Pear Muffins	Lunch Boxes
Beef Meatballs	Lunch Boxes	Pumpkin Pasties	Lunch Boxes
Cheese and Veggie Muffins	Lunch Boxes	Quinoa Lunch Box Mini Muffins	Lunch Boxes
Chicken Balls	Lunch Boxes	Quinoa Snack Balls	Lunch Boxes
Chicken Nuggets	Lunch Boxes	Raspberry and Chocolate Muffins	Lunch Boxes
Chicken and Rice Patties	Lunch Boxes	Rolled Oat Slice	Lunch Boxes
Chicken spring rolls	Lunch Boxes	Sesame crackers	Lunch Boxes
Choc banana muffins (gluten, dairy and nut free)	Lunch Boxes	Sesame seed slice	Lunch Boxes
Choc chip cookies (gluten free)	Lunch Boxes	Special K Biscuits	Lunch Boxes
Chocolate Zucchini Cake	Lunch Boxes	Sunflower Seed Cookies	Lunch Boxes
Chocolate and Beetroot	Lunch Boxes	Sweet Zucchini Slice	Lunch Boxes

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Muffins			
Egg Muffins (Gluten Free)	Lunch Boxes	Sweet potato and zucchini fritters	Lunch Boxes
English Muffin Pizzas	Lunch Boxes	Traffic Light Sandwiches	Lunch Boxes
Frozen oranges	Lunch Boxes	Tuna Snack on the Go	Lunch Boxes
Gluten Free Meatballs	Lunch Boxes	Vanilla Yogurt Pikelet	Lunch Boxes
Vegemite / Chutney Scrolls	Lunch Boxes	BBQ	Summer Favourites
Zucchini and Pasta Slice	Lunch Boxes	Chicken Pilaf	Summer Favourites
Bulk homemade taco seasoning	Mexican	Chicken Schnitzel and Salad	Summer Favourites
Mexibake	Mexican	Chicken With Mint Lime Sauce	Summer Favourites
Quesadilla with Fresh Tomato Salsa	Mexican	Chicken Wraps – Easy Sweet Chilli	Summer Favourites
Salsa	Mexican	Chicken and Rocket Sandwiches	Summer Favourites
Slow Cooker Chicken Chilli Con Carne Cups	Mexican	Dukkah crusted salmon with crunchy potatoes and garlic spinach	Summer Favourites
Slow Cooker Enchilada	Mexican	Egg and Bacon Salad	Summer Favourites
Tacos - Homemade Seasoning	Mexican	Fish Burgers	Summer Favourites
BLT	Sides	Greek Meatballs	Summer Favourites
Broccoli fritters	Sides	Homemade Hamburgers and Chunky Chips	Summer Favourites
Egg and Bacon Tarts	Sides	Lunch Box Pies	Summer Favourites
Halloumi (Fried Cheese)	Sides	Marinated Chicken Sticks	Summer Favourites

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		and Salad	
Homemade Star Chips	Sides	Mediterranean Cous Cous	Summer Favourites
Left Over Meat Recipe	Sides	Moroccan Minted Beef	Summer Favourites
Pickled beetroot	Sides	Oven Baked Chicken Schnitzel	Summer Favourites
Rice cooker Mexican rice	Sides	Pan Fried Chicken and Salad	Summer Favourites
Rice cooker coconut rice	Sides	Pan Fried Fish with Salad	Summer Favourites
Roast Pumpkin Salad With Balsamic Dressing	Sides	Roast Pumpkin Salad	Summer Favourites
Simple Roasted Tomato Salad	Sides	Salad Rolls	Summer Favourites
Sweet Potato Gratin (Dairy Free)	Sides	Sausages and Salad	Summer Favourites
Tzatziki	Sides	Shredded Chicken Salad	Summer Favourites
Yoghurt Dip	Sides	Simple Quinoa Salad	Summer Favourites
Beetroot Soup	Soups	Simple Roasted Tomato Salad and Steak	Summer Favourites
Chicken and Creamed Vegetable Soup	Soups	Slow cooker shredded beef	Summer Favourites
Pumpkin Soup	Soups	Slow cooker shredded beef and rocket salad	Summer Favourites
Slow Cooker Chicken Noodle Soup	Soups	Souvlaki	Summer Favourites
Slow Cooker Tomato Soup	Soups	Spiced Lamb with Couscous	Summer Favourites
Tomato Soup (Quick and Easy)	Soups	Spicy Slow Cooker Lamb	Summer Favourites
Tomato and Coconut	Soups	Warm Tuna Panini	Summer Favourites

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Soup			
Vegetable Soup	Soups	Watermelon and feta sticks	Summer Favourites
White Chocolate Chip and Raspberry Cookies	Summer Favourites	Fairy Bread	Treats
Whole Roasted Chicken with lemon and shallot aspar	Summer Favourites	Frozen banana ice creams	Treats
100s Of Biscuits	Treats	Fruit Cups	Treats
Anzac Biscuits	Treats	Fruit Kebabs With Marshmallows	Treats
Apple and Cinnamon Teacake	Treats	Fun Froyo Pops	Treats
Banana Cake	Treats	Funfetti Cupcakes	Treats
Butter Cake	Treats	Gingerbread Men	Treats
CandyCane Cookies	Treats	Gluten free choc chip cookies	Treats
Caramel Slice (Gluten Free)	Treats	Gluten free honey cupcakes	Treats
Carrot Cake	Treats	Homemade box of chocolates	Treats
Choc Avocado Mousse	Treats	Honey Joys	Treats
Choc Chip Muesli Slice	Treats	Honey Roasted Macadamia Clusters	Treats
Choc Dipped Strawberries and Marshmallows	Treats	Jelly Oranges	Treats
Choc Protein Smoothie	Treats	Jelly Shots	Treats
Choc banana muffins (gluten, dairy and nut free)	Treats	Kiwi fruit cocktail	Treats

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Chocolate Balls	Treats	Lemon Slice	Treats
Chocolate Balls With Colour	Treats	Lola Berry's Lemon Pie Bites	Treats
Chocolate Clusters	Treats	Macadamia butter	Treats
Chocolate Freckles	Treats	Marshmallow Christmas Trees	Treats
Chocolate Scones	Treats	Marshmallow Lollipops	Treats
Chocolate Weetbix Slice Recipe	Treats	Milky Way Cars	Treats
Chocolate almond cake (dairy and gluten free)	Treats	Milky Way Sleighs	Treats
Chocolate cake (easy)	Treats	Mini Christmas puddings (gluten and cane sugar free)	Treats
Chocolate walnut butter	Treats	Mini Hamburgers	Treats
Christmas Reindeer Biscuits	Treats	Mini Hot Dogs	Treats
Cockroach Clusters	Treats	No Bake Lemon and Coconut Balls	Treats
Coconut Slice – Gluten Free	Treats	No Bake Macadamia Nut Biscuits	Treats
Dehydrator Chilli Kale Chips	Treats	Nut Seeds Clusters	Treats
Dehydrator Kale Chips with Capsicum and Cashew Pesto	Treats	Parsnip Cupcakes	Treats
Easter popcorn	Treats	Party Sausage Rolls	Treats
Easy Chocolate Cupcakes	Treats	Pikelets	Treats
Pineapple Boats	Treats	Cauliflower Rice	Vegetarian

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Popping Candy Chocolate Cups	Treats	Greek Rice Salad	Vegetarian
Protein balls	Treats	Green Veggie Recipe	Vegetarian
Raw Chocolate Cheesecake	Treats	Pickled beetroot	Vegetarian
Raw banana bread bars	Treats	Pumpkin Pasties	Vegetarian
Raw cashew and date bars	Treats	Pumpkin and spinach curry	Vegetarian
Raw chocolate coconut bars	Treats	Sautéed baby spinach	Vegetarian
Raw macadamia balls	Treats	Scalloped Potatoes	Vegetarian
Rice Bubble Slice	Treats	Scrambled Eggs with Tomatoes	Vegetarian
Rice Cake Slice	Treats	Sun Dried Tomato and Fetta Tarts	Vegetarian
Rocky Road	Treats	Sweet potato and zucchini	Vegetarian
Sesame seed slice	Treats	Vegetarian pasta	Vegetarian
Slow Cooker Lemon and Coconut Cake	Treats	Beef Chutney Casserole	Winter Favourites
Soccer Ball Recipe	Treats	Beef and Beer Casserole	Winter Favourites
Strawberry Santa Hats	Treats	Beef and Vegetable Pasties	Winter Favourites
Strawberry Yogurt Cupcakes	Treats	Cauliflower Risotto	Winter Favourites
Sweet Potato Brownies	Treats	Cheesy Vegetables For Baby	Winter Favourites
Sweet and Salty Popcorn	Treats	Chicken Casserole For Baby	Winter Favourites
Tea Cup Biscuits	Treats	Chicken Schnitzel and Steamed Vegetables	Winter Favourites

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Traffic Light Party Treats	Treats	Chicken Wings with Baked Potatoes and Corn	Winter Favourites
Trail Mix (Paleo)	Treats	Chicken and parsnip breakfast bake	Winter Favourites
Vanilla walnuts	Treats	Creamy Tomato And Chicken Stew	Winter Favourites
White Chocolate Chip Muffins	Treats	Creamy chicken and sweet potato stew (dairy free)	Winter Favourites
Yo Yo Biscuits	Treats	Creamy chicken and sweet potato stew (dairy free)	Winter Favourites
Yoghurt and Cereal Snack	Treats	Creamy chicken and sweet potato stew (dairy free)	Winter Favourites
Baked Falafel	Vegetarian	Crispy mashed potato mounds	Winter Favourites
Baked Potatoes	Vegetarian	Crockpot Brown Sugar Chicken	Winter Favourites
Baked sweet potato	Vegetarian	Family Meat Pie	Winter Favourites
Briami – Roasted Greek Vegetables	Vegetarian	Honey roasted lamb shoulder	Winter Favourites
Cabbage and corn fritters	Vegetarian	Lamb Chops and Steamed Vegetables	Winter Favourites
Carrot and Beetroot Fritters	Vegetarian	Lamb Chops with Potato Au Gratin and Vegetables	Winter Favourites
Marinated Steak and Garlic Mashed Potatoes	Winter Favourites	Mini shepherd's pie pots	Winter Favourites
Meatballs With Rice	Winter Favourites	Nanas Lamb Chop Casserole	Nanas Lamb Chop Casserole
Pasties	Winter Favourites	Slow Cooker Beef Goulash and Dumplings	Winter Favourites

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Rice cooker coconut rice	Winter Favourites	Slow Cooker Beef Stew (Paleo)	Winter Favourites
Roast Chicken and Vegetables	Winter Favourites	Slow Cooker Beef Stroganoff (Gluten Free)	Winter Favourites
Sausages and Steamed Vegetables	Winter Favourites	Slow Cooker Beef Stroganoff	Winter Favourites
Sausages, veg and crispy mashed potato mounds	Winter Favourites	Slow Cooker Butter Chicken	Winter Favourites
Shepherds Pie	Winter Favourites	Slow Cooker Lemon Chicken	Winter Favourites
Slow Cooker Balsamic Beef	Winter Favourites	Slow Cooker Risotto	Winter Favourites
Slow Cooker Beef Casserole	Winter Favourites	Slow Cooker Roast Beef	Winter Favourites
Slow Cooker Beef Curry	Winter Favourites		