

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Dairy	Butter	60	Gram	Butter
Dairy	Cheese	450	Gram	Cheese Tasty
Dairy	Cheese	150	Gram	Cheese Tasty Grated
Dairy	Cream	190	MI	Cream
Dairy	Cream	500	MI	Cream Sour
Dairy	Eggs	15	Large	Eggs
DeliAndSeafood	Fish	4	Large	Fish Fillets Fresh
DeliAndSeafood	Nil	175	MI	Tzatziki
FreshFruitVegetables	FruitByType	18	Large	Tomato
FreshFruitVegetables	Herbs	1	Teaspoon	Basil Fresh
FreshFruitVegetables	VegetablesByType	1	Large	Capsicum Green
FreshFruitVegetables	VegetablesByType	3	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	13	Large	Carrot
FreshFruitVegetables	VegetablesByType	8	Sticks	Celery
FreshFruitVegetables	VegetablesByType	1.5	Large	Cucumber
FreshFruitVegetables	VegetablesByType	2.5	Large	Lettuce Iceberg
FreshFruitVegetables	VegetablesByType	1	Large	Onion Brown
FreshFruitVegetables	VegetablesByType	2	Large	Onion White
FreshFruitVegetables	VegetablesByType	20	Large	Snow Pea
FreshFruitVegetables	VegetablesByType	6	Sticks	Spring Onion
FreshMeatPoultry	Beef	500	Gram	Beef Mince
FreshMeatPoultry	Beef	500	Gram	Beef Strips
FreshMeatPoultry	Chicken	1500	Gram	Chicken Breasts
FreshMeatPoultry	Lamb	500	Gram	Lamb Strips
Grocery	BakingCooking	8	Cup	Bread Crumbs
Grocery	BakingCooking	1250	MI	Stock Beef
Grocery	CanPacketVegetable	850	Gram	Beetroot Canned
Grocery	Condiments	2	Tablespoon	Soy Sauce
Grocery	Condiments	3	Tablespoon	Sweet Chilli Sauce
Grocery	Condiments	0.5	Cup	Tartare Sauce
Grocery	Condiments	2	Tablespoon	Worstershire Sauce
Grocery	CookingOil	4	Tablespoon	Oil Olive
Grocery	CookingOil	200	MI	Oil Vegetable
Grocery	Flour	4	Tablespoon	Flour Corn
Grocery	Flour	4	Tablespoon	Flour Plain
Grocery	HerbsSpices	1	Teaspoon	Coriander Ground
Grocery	HerbsSpices	1	Teaspoon	Garlic Minced
Grocery	HerbsSpices	1	Teaspoon	Ginger Dried
Grocery	HerbsSpices	2	Teaspoon	Paprika Dried
Grocery	HerbsSpices	0.5	Teaspoon	Pepper Black Cracked
Grocery	HerbsSpices	0.5	Teaspoon	Salt Sea

Grocery	MexicanFood	1	Packet	Burritos Tortillas
Grocery	MexicanFood	1	Packet	Taco Mix
Grocery	PastaSauce	500	ML	Pasta Sauce
Grocery	Spreads	3	Tablespoon	Honey
Grocery	Sugar	5	Tablespoon	Sugar White
HealthFoods	HerbsSpices	1.25	Tablespoon	Oregano Dried
Nil	Nil		Cup	Nil
RicePastaGrains	Rice	5	Cup	Rice White