

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Bakery	BreadRolls	8	Small	Bread Rolls Dinner
Dairy	Butter	100	Gram	Butter
Dairy	Cheese	70	Gram	Cheese Parmesan Grated
Dairy	Cheese	200	Gram	Cheese Tasty Grated
Dairy	Cream	300	ML	Cream
Dairy	Cream	150	ML	Cream Sour
Dairy	Eggs	1	Large	Eggs
Dairy	HeatEat	1	Kilogram	Noodles Fresh Singapore
DeliAndSeafood	Bacon	8	Rash	Bacon Shortcut Rindless
FreshFruitVegetables	Herbs	1	Clove	Garlic Fresh
FreshFruitVegetables	HerbsSpices	3	Tablespoon	Parsley Fresh
FreshFruitVegetables	VegetablesByType	1	Large	Bok Choy
FreshFruitVegetables	VegetablesByType	1	Small	Broccoli
FreshFruitVegetables	VegetablesByType	2	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	13	Large	Carrot
FreshFruitVegetables	VegetablesByType	6	Large	Corn
FreshFruitVegetables	VegetablesByType	1	Large	Onion Brown
FreshFruitVegetables	VegetablesByType	1	Large	Onion White
FreshFruitVegetables	VegetablesByType	22	Large	Potato
FreshFruitVegetables	VegetablesByType	1025	Gram	Pumpkin Butternut
FreshFruitVegetables	VegetablesByType	20	Large	Snow Pea
FreshFruitVegetables	VegetablesByType	6	Thick	Spring Onion
FreshMeatPoultry	Beef	750	Gram	Beef Mince
FreshMeatPoultry	Chicken	500	Gram	Chicken Breasts
FreshMeatPoultry	Chicken	1	Large	Chicken Whole
FreshMeatPoultry	Chicken	1.5	Kilogram	Chicken Wings
Frozen	FrozenVegetables	200	Gram	Peas Frozen
Grocery	BakingCooking	1.5	Cup	Stock Beef
Grocery	BakingCooking	250	ML	Stock Chicken
Grocery	CanPacketFish	360	Gram	Tuna Tomato And Onion Flavour
Grocery	Condiments	2	Tablespoon	Soy Sauce
Grocery	Condiments	3	Tablespoon	Sweet Chilli Sauce
Grocery	Condiments	1	Tablespoon	Worstershire Sauce
Grocery	CookingOil	6	Tablespoon	Oil Olive
Grocery	CookingOil	1	Tin	Oil Olive Spray
Grocery	Flour	4	Tablespoon	Flour Corn
Grocery	HerbsSpices	1	Teaspoon	Chilli Minced
Grocery	HerbsSpices	3	Teaspoon	Garlic Minced
Grocery	PastaSauce	500	ML	Pasta Sauce
Grocery	Spreads	3	Tablespoon	Honey
Grocery	TomatoPaste	0.33	Cup	Tomato Paste

Nil	Nil		Cup	Nil
RicePastaGrains	Pasta	500	Gram	Pasta Penne
RicePastaGrains	Rice	4	Cup	Rice White