

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Dairy	Cheese	75	Gram	Cheese Fetta
Dairy	Cheese	100	Gram	Cheese Parmesan Grated
Dairy	Cheese	150	Gram	Cheese Tasty
Dairy	Cream	700	MI	Cream
Dairy	Cream	125	MI	Cream Sour Light
Dairy	Eggs	22	Large	Eggs
Dairy	HeatEat	750	Gram	Pasta Fresh Gnocchi
DeliAndSeafood	Antipasto	340	Gram	Tomato Sun Dried
DeliAndSeafood	Bacon	8	Rash	Bacon Shortcut Rindless
FreshFruitVegetables	FruitByType	6	Large	Tomato
FreshFruitVegetables	Herbs	3	Tablespoon	Basil Fresh
FreshFruitVegetables	Herbs	6	Clove	Garlic Fresh
FreshFruitVegetables	HerbsSpices	1.5	Tablespoon	Parsley Fresh
FreshFruitVegetables	VegetablesByType	1	Small	Broccoli
FreshFruitVegetables	VegetablesByType	3	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	20	Large	Carrot
FreshFruitVegetables	VegetablesByType	4	Sticks	Celery
FreshFruitVegetables	VegetablesByType	2	Large	Cucumber
FreshFruitVegetables	VegetablesByType	2	Large	Lettuce Iceberg
FreshFruitVegetables	VegetablesByType	1	Large	Onion Brown
FreshFruitVegetables	VegetablesByType	1	Large	Onion White
FreshFruitVegetables	VegetablesByType	500	Gram	Pumpkin Butternut
FreshFruitVegetables	VegetablesByType	22	Thick	Spring Onion
FreshMeatPoultry	Beef	500	Gram	Beef Mince
FreshMeatPoultry	Chicken	1502	Gram	Chicken Breasts
FreshMeatPoultry	Lamb	16	Large	Lamb Chops
Frozen	FrozenPastry	5	Sheets	Pastry Short Crust
Frozen	FrozenVegetables	200	Gram	Peas Frozen
Grocery	BakingCooking	8	Cup	Bread Crumbs
Grocery	BakingCooking	5	Cup	Stock Chicken
Grocery	CanPacketVegetable	425	Gram	Beetroot Canned
Grocery	Condiments	6	Tablespoon	Sweet Chilli Sauce
Grocery	CookingOil	10	Tablespoon	Oil Olive
Grocery	CookingOil	200	MI	Oil Vegetable
Grocery	Flour	4	Tablespoon	Flour Plain
Grocery	HerbsSpices	3	Tablespoon	Chilli Dried
Grocery	HerbsSpices	1.5	Tablespoon	Cumin Ground
Grocery	HerbsSpices	3	Tablespoon	Salt
Grocery	MexicanFood	12	Large	Taco Shells
Grocery	PastaSauce	500	Gram	Pasta Sauce
HealthFoods	HerbsSpices	1	Teaspoon	Oregano Dried

Nil	Nil		Cup	Nil
Nil	Nil	187.5	MI	Water
RicePastaGrains	Pasta	100	Gram	Pasta Soup
RicePastaGrains	Rice	3	Cup	Rice White