

Meal Date	Meal Name	Servings	Notes
19-02-2011 Sat	Tacos - Homemade Seasoning	4	
20-02-2011 Sun	Roast Lamb Leg	4	
21-02-2011 Mon	Fried Rice	4	
22-02-2011 Tue	Slow Cooker Chicken Noodle Soup	4	
23-02-2011 Wed	Left Overs	4	
24-02-2011 Thu	Moroccan Minted Beef	4	
25-02-2011 Fri	Home Made Pizzas	4	