

Meal Date	Meal Name	Servings	Notes
12-02-2011 Sat	Souvlaki	4	
13-02-2011 Sun	Chicken Schnitzel and Salad	4	
14-02-2011 Mon	Mexibake	4	
15-02-2011 Tue	Slow Cooker Tomato Soup	4	
16-02-2011 Wed	Left Overs	4	
17-02-2011 Thu	Beef Stir Fry	4	
18-02-2011 Fri	Pan Fried Fish with Salad	4	