





- Listen attentively to others.
- Look for the solution, not the culprit. 
- Be patient and role model the behaviour I  want to see.
- Be kind to me and consider my own needs.
- There are no "have tos" or "should". I have a choice in what I do.
- It is ok to say no nicely.
- There is no need to make comparisons.
- Make time for play.
- Give the children some space and independence.
- Keep a 5:1 ratio of positive to negative comments.

My Guiding Principles **FOR A Happy Family**