# Mums' Program

## Only \$25 for five weeks of group tennis coaching\*

The Mums' Program is open to beginners and those who would like to resume playing tennis. Conducted by qualified coaches in a non-competitive environment, the program focuses on the fun, fitness and health benefits of playing tennis.

### Benefits of the Mums' Program:

- Improve your health, have fun and get fit
- Meet and socialise with other mothers in your area
- No need to find or pay for childcare to participate
- Receive expert tennis coaching
- You don't have to purchase any equipment to participate
- Become familiar with your local tennis club

# **Tiny Tots Program**

# Enrol your child in our Tiny Tots Program\*\*

Run in conjunction with the Mums' Program, the Tiny Tots Program is targeted at children aged 3–5 and allows mums to participate in tennis without the burden of finding childcare. The total cost of the program is \$15 for five weeks per child.

# **Program Registration**

To register for the Mums' Program (and the Tiny Tots Program), please contact your nearest venue. Places are limited so please register early.

For further information please contact Tennis Victoria on (03) 8420 8420 or visit **tennis.com.au/vic** (Getting Started/Adults).

"The Mums' Program run by Tennis Victoria is a fantastic and really enjoyable experience." **Fiona Rankin, Templestowe.** 

#### For more information contact:

#### **Tennis Victoria**

Locked Bag 6001 Richmond, VIC 3121

T +61 3 8420 8420 F +61 3 8420 8499 E tvreception@tennis.com.au





# How to have fun, get fit and socialise for only \$25!



tennis.com.au/vic

<sup>\*</sup> This program is open to new participants only.

<sup>\*\*</sup> Subject to coach availability and mums must be participating in the Mums' Program for their child to participate in the Tiny Tots Program.

# **Participating Tennis Clubs** 11 Oct - 12 Nov, 2010



"I wanted to learn how to play children were looked after." Anne Hoye, Hampton.

# Metropolitan Melbourne

**Bundoora Tennis Club** 143 Greenwood Drive Bundoora Mel Ref: 19 K2 John Hampson: 0419 188 908

East Camberwell Tennis Club Corner Spencer & Riversdale Road Camberwell Mel Ref: 60 B1 David Close: 0425 878 337

Caulfield Park Tennis Club 280 Balaclava Road Caulfield North Mel Ref: 59 B12 Victor Fke: 0417 140 186

Coburg Tennis Club Corner Victoria and Bellevue Sts Cobura Mel Ref: 17 F12

Taso Vasiliadis: 0414 094 738

Doutta Galla Tennis Club 19-22 Royal Avenue Essendon North Mel Ref: 16 D11 Anthony Guccione: 0438 358 945 Ben Goltz: 0407 846 007

Corner Talaski Rd and Edward St Ferntree Gully Mel Ref:74 G7 Marcos Ahumada: 0413 569 296

**Bruce Park Tennis Club** Margate Avenue Frankston Mel Ref: 102 G7 Libor Kuthan: 0417 564 034 **Nottinghill Pinewood Tennis Club** 

1-3 Baker Avenue Glen Waverley Mel Ref: 70 K6 Duncan Silato: 0406 331 237

HE Parker Reserve Tennis Club Heathmont Road Extension Heathmont Mel Ref: 62 C2 Andre Mewett: 0406 758 478

**Highett Tennis Club** Corner Tibrockney and Eddie Streets Highett Mel Ref: 77 C10 Liam Cahill: 0414 866 785

Montrose Terrace Tennis Club Swansea Road Montrose Mel Ref: 52 D8 Kris Hole: 0408 809 066

**Casey Tennis Centre** Sweeney Reserve, Golf Links Road Narre Warren Mel Ref: 110 K9

Upper Ferntree Gully Tennis Club Narre Warren North Tennis Club Cnr A'Beckett Rd & Tom Jones Crt Narre Warren North Mel Ref: 108 G5 Jeff Foot: 0407 842 269

> North Box Hill Tennis Club 24 Elizabeth Street North Box Hill Mel Ref: 47 D4 lan Peter-Budge: 0411 039 611

Patterson Lakes Tennis Club Cnr Thompson & Learmonth Rds

Patterson Lakes Mel Ref: 98 A6 Paul Hamilton: 0417 775 759

**Royal Park Tennis Club** Corner The Avenue & Park Street Parkville Mel Ref: 29 G10 Matt Gregory: 0417 385 526

**Royal Avenue Tennis Centre** 30 Royal Avenue Sandringham Mel Ref: 76 J12 Tim McKimm: 9598 1566

Selby Tennis Club Corner Mimosa and Charles Street Selby Mel Ref: 75 K11 Stuart Sutterby: 0412 106 416

St Andrews Tennis Club Primary School, Main Road St Andrews Mel Ref: 394 F10 Nathan Hude: 0401 194 891

Our Lady's Tennis Club Off Devonshire Road Sunshine Mel Ref: 26 K12 Craig Vaughan: 0423 195 106

**Templeton Tennis Club** Templeton Reserve, Templeton St Wantirna Mel Ref: 63 G9 Kelly Bisinella: 0414 874 482

**Dunstan Park Tennis Club** 

34 Dunstan Street West Preston Mel Ref: 18 C9 Adrian Barry: 0413 724 196

Whittlesea Tennis Club Laurel Street Whittlesea Mel Ref: 246 G9 Keith Turner: 0427 522 132

**Bayside Tennis Centre** Kororoit Creek Road Williamstown Mel Ref: 55 K8 John Trickey: 0418 566 399

# Regional Victoria

Bannockburn Tennis Club Corner Moore and Pope Street Bannockburn Paul Anderson: 5241 9717

**Broadford Tennis Club** Powlett Street Broadford

Melissa Douglas: 0410 424 438

Colac Indoor Tennis Centre 114 Main Road Elliminvt Michael Mullen: 0409 651 556

**Highton Tennis Club** Corner Barrabool & Nth Valley Roads Highton Raelee Andreson: 0402 335 764

Lancefield Tennis Club Chauncev Street Lancefield Kaylene Cruise: 0447 364 497

Moyhu Tennis Club **Bartley Street** Movhu Wendy Thorp: 0412 106 707

Rochester Lawn Tennis Club Corner Echuca Rd and Diggora Rd Rochester Andrew Crossman: 5480 9690

Shepparton Lawn Tennis Club Welsford Street Shepparton Jamie Haynes: 0439 778 860

Warnnambool Lawn Tennis Club Pertobe Road Warrambool

Nathan Isles: 0438 086 471

Yarrawonga Lawn Tennis Club Alexandra Park Yarrawonga Jon Coleman: 0414 724 064



To register, contact your nearest venue. Places are limited, so please register early.

