

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Bakery	BreadRolls	8	Small	Bread Rolls Dinner
BeerWineSpirits	Wine	100	MI	Wine Red
Dairy	Butter	165	Gram	Butter
Dairy	Cheese	200	Gram	Cheese Tasty
Dairy	Cheese	200	Gram	Cheese Tasty Grated
Dairy	Cream	150	MI	Cream Sour
Dairy	Cream	125	MI	Cream Sour Light
Dairy	Eggs	6	Large	Eggs
Dairy	Milk	750	MI	Milk
DeliAndSeafood	Bacon	8	Rash	Bacon Shortcut Rindless
FreshFruitVegetables	FruitByType	2	Large	Tomato
FreshFruitVegetables	VegetablesByType	1	Small	Broccoli
FreshFruitVegetables	VegetablesByType	2	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	14	Large	Carrot
FreshFruitVegetables	VegetablesByType	6	Large	Corn
FreshFruitVegetables	VegetablesByType	1	Large	Cucumber
FreshFruitVegetables	VegetablesByType	1	Large	Lettuce Iceberg
FreshFruitVegetables	VegetablesByType	3	Large	Onion White
FreshFruitVegetables	VegetablesByType	24	Large	Potato
FreshFruitVegetables	VegetablesByType	500	Gram	Pumpkin Butternut
FreshFruitVegetables	VegetablesByType	6	Thick	Spring Onion
FreshMeatPoultry	Beef	1000	Gram	Beef Mince
FreshMeatPoultry	Beef	4	Large	beef steaks
FreshMeatPoultry	Chicken	1	Large	Chicken Whole
FreshMeatPoultry	Chicken	1.5	Kilogram	Chicken Wings
Frozen	FrozenVegetables	400	Gram	Peas Frozen
Grocery	CanPacketVegetable	425	Gram	TomatoTinned Whole
Grocery	Condiments	6	Tablespoon	Sweet Chilli Sauce
Grocery	CookingOil	5	Tablespoon	Oil Olive
Grocery	CookingOil	1	Tin	Oil Olive Spray
Grocery	Flour	1	Teaspoon	Flour Corn
Grocery	Flour	0.5	Cup	Flour Plain
Grocery	HerbsSpices	0.5	Teaspoon	Chilli Minced
Grocery	HerbsSpices	0.25	Teaspoon	Cumin Ground
Grocery	HerbsSpices	4	Teaspoon	Garlic Minced
Grocery	LiquidSaucesGravies	1	Small	Stock beef cube
Grocery	MexicanFood	1	Packet	Taco Mix
Grocery	MexicanFood	12	Large	Taco Shells
Grocery	PastaSauce	500	Gram	Pasta Sauce
Grocery	Sugar	2	Teaspoon	Sugar Brown
Grocery	TomatoPaste	5	Tablespoon	Tomato Paste

HealthFoods	HerbsSpices	0.5	Teaspoon	Oregano Dried
Nil	Nil		Cup	Nil
Nil	Nil	312.5	MI	Water
RicePastaGrains	Pasta	750	Gram	Pasta Spirals
RicePastaGrains	Rice	3	Cup	Rice White