

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Dairy	Cheese	100	Gram	Cheese Fetta
Dairy	Cheese	250	Gram	Cheese Mozarella Grated
Dairy	Cheese	100	Gram	Cheese Parmesan Grated
Dairy	Cheese	200	Gram	Cheese Tasty
Dairy	Cheese	400	Gram	Cheese Tasty Grated
Dairy	Cream	300	MI	Cream
Dairy	Cream	500	MI	Cream Sour
Dairy	HeatEat	750	Gram	Pasta Fresh Gnocchi
DeliAndSeafood	Antipasto	290	Gram	Tomato Sun Dried
DeliAndSeafood	Nil	175	MI	Tzatzki
DeliAndSeafood	SlicedMeats	200	Gram	Ham Shredded
FreshFruitVegetables	FruitByType	5	Large	Tomato
FreshFruitVegetables	Herbs	6	Tablespoon	Basil Fresh
FreshFruitVegetables	Nuts	100	Gram	Pine nuts
FreshFruitVegetables	VegetablesByType	1	Small	Broccoli
FreshFruitVegetables	VegetablesByType	1	Large	Capsicum Green
FreshFruitVegetables	VegetablesByType	3	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	6	Large	Carrot
FreshFruitVegetables	VegetablesByType	1	Large	Cucumber
FreshFruitVegetables	VegetablesByType	1	Large	Lettuce Iceberg
FreshFruitVegetables	VegetablesByType	1	Large	Onion Brown
FreshFruitVegetables	VegetablesByType	2	Large	Onion White
FreshFruitVegetables	VegetablesByType	500	Gram	Pumpkin Butternut
FreshMeatPoultry	Beef	500	Gram	Beef Mince
FreshMeatPoultry	Chicken	500	Gram	Chicken Breasts
FreshMeatPoultry	Lamb	16	Large	Lamb Chops
FreshMeatPoultry	Lamb	500	Gram	Lamb Strips
Frozen	FrozenVegetables	200	Gram	Peas Frozen
Grocery	BakingCooking	2	Tablespoon	Yeast
Grocery	Condiments	0.5	Cup	Chutney
Grocery	CookingOil	9	Tablespoon	Oil Olive
Grocery	Flour	2	Cup	Flour Plain
Grocery	HerbsSpices	1	Teaspoon	Coriander Ground
Grocery	HerbsSpices	1	Teaspoon	Cumin Ground
Grocery	HerbsSpices	2	Teaspoon	Garlic Minced
Grocery	HerbsSpices	2	Teaspoon	Paprika Dried
Grocery	HerbsSpices	0.5	Teaspoon	Pepper Black Cracked
Grocery	HerbsSpices	1	Teaspoon	Salt
Grocery	HerbsSpices	0.5	Teaspoon	Salt Sea
Grocery	MexicanFood	1	Packet	Burritos Tortillas
Grocery	MexicanFood	1	Packet	Taco Mix

Grocery	PastaSauce	1200	MI	Pasta Sauce
HealthFoods	HerbsSpices	1.25	Tablespoon	Oregano Dried
Nil	Nil		Cup	Nil
Nil	Nil	250	MI	Water
RicePastaGrains	Rice	5	Cup	Rice White