

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Dairy	Butter	60	Gram	Butter
Dairy	Cheese	100	Gram	Cheese Parmesan Grated
Dairy	Cheese	300	Gram	Cheese Tasty
Dairy	Cream	300	MI	Cream
Dairy	Eggs	3	Large	Eggs
Dairy	HeatEat	750	Gram	Pasta Fresh Gnocchi
DeliAndSeafood	Antipasto	90	Gram	Tomato Sun Dried
DeliAndSeafood	Fish	4	Large	Fish Fillets Fresh
FreshFruitVegetables	FruitByType	4	Large	Tomato
FreshFruitVegetables	Herbs	3	Tablespoon	Basil Fresh
FreshFruitVegetables	VegetablesByType	1	Small	Broccoli
FreshFruitVegetables	VegetablesByType	2	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	16	Large	Carrot
FreshFruitVegetables	VegetablesByType	8	Sticks	Celery
FreshFruitVegetables	VegetablesByType	4	Large	Corn
FreshFruitVegetables	VegetablesByType	1.5	Large	Cucumber
FreshFruitVegetables	VegetablesByType	1.5	Small	Lettuce Iceberg
FreshFruitVegetables	VegetablesByType	1	Large	Onion White
FreshFruitVegetables	VegetablesByType	10	Large	Potato
FreshFruitVegetables	VegetablesByType	20	Large	Snow Pea
FreshFruitVegetables	VegetablesByType	6	Small	Spring Onion
FreshMeatPoultry	Beef	500	Gram	Beef Strips
FreshMeatPoultry	Chicken	500	Gram	Chicken Breasts
FreshMeatPoultry	Chicken	16	Large	Chicken Marinated Sticks
FreshMeatPoultry	Sausages	12	Thin	Sausages
Frozen	FrozenVegetables	2	Cup	Peas Frozen
Grocery	AsianFood	500	MI	Chicken Korma Sauce
Grocery	AsianFood	1	Packet	Pappadums
Grocery	BakingCooking	250	MI	Stock Beef
Grocery	CanPacketVegetable	850	Gram	Beetroot Canned
Grocery	CanPacketVegetable	410	Gram	Corn Kernels
Grocery	Condiments	2	Tablespoon	Soy Sauce
Grocery	Condiments	3	Tablespoon	Sweet Chilli Sauce
Grocery	Condiments	0.5	Cup	Tartare Sauce
Grocery	CookingOil	6	Tablespoon	Oil Olive
Grocery	CookingOil	1	Tin	Oil Olive Spray
Grocery	CookingOil	250	MI	Oil Vegetable
Grocery	Flour	2	Tablespoon	Flour Corn
Grocery	Flour	4	Tablespoon	Flour Plain
Grocery	HerbsSpices	1	Teaspoon	Coriander Ground
Grocery	HerbsSpices	3	Teaspoon	Garlic Minced

Grocery	HerbsSpices	1	Teaspoon	Ginger Dried
Grocery	PastaSauce	500	Gram	Pasta Sauce
Grocery	Spreads	3	Tablespoon	Honey
Nil	Nil		Cup	Nil
RicePastaGrains	Rice	4	Cup	Rice White