

Aisle	Aisle Subsection	Tot Quantity	Measure	Ingredient
Bakery	Bread	8	Slices	Bread Sliced
Bakery	BreadRolls	8	Large	Bread Rolls
Dairy	Butter	50	Gram	Butter
Dairy	Cheese	100	Gram	Cheese Parmesan
Dairy	Cheese	550	Gram	Cheese Tasty
Dairy	Cream	125	ML	Cream Sour Light
Dairy	HeatEat	500	Gram	Pasta Fresh Agnolotti
DeliAndSeafood	HeatEat	4	Large	Vegieburgers
DeliAndSeafood	SlicedMeats	300	Gram	Ham Shredded
FreshFruitVegetables	FruitByType	7	Large	Tomato
FreshFruitVegetables	VegetablesByType	1	Small	Broccoli
FreshFruitVegetables	VegetablesByType	3	Large	Capsicum Red
FreshFruitVegetables	VegetablesByType	12	Large	Carrot
FreshFruitVegetables	VegetablesByType	4	Sticks	Celery
FreshFruitVegetables	VegetablesByType	4	Large	Corn
FreshFruitVegetables	VegetablesByType	2	Large	Cucumber
FreshFruitVegetables	VegetablesByType	3	Small	Lettuce Iceberg
FreshFruitVegetables	VegetablesByType	1	Large	Onion White
FreshFruitVegetables	VegetablesByType	8	Large	Potato
FreshFruitVegetables	VegetablesByType	20	Large	Snow Pea
FreshFruitVegetables	VegetablesByType	100	Gram	Spinach Baby
FreshFruitVegetables	VegetablesByType	6	Small	Spring Onion
FreshMeatPoultry	Beef	500	Gram	Beef Mince
FreshMeatPoultry	Beef	8	Slices	Beef Roast
FreshMeatPoultry	Beef	500	Gram	Beef Strips
FreshMeatPoultry	Chicken	500	Gram	Chicken Breasts
FreshMeatPoultry	Lamb	6	Large	Lamb Chops
FreshMeatPoultry	Sausages	18	Thin	Sausages
Frozen	FrozenVegetables	2	Cup	Peas Frozen
Grocery	BakingCooking	250	ML	Stock Beef
Grocery	CanPacketVegetable	850	Gram	Beetroot Canned
Grocery	Condiments	0.5	Cup	Chutney
Grocery	Condiments	2	Tablespoon	Soy Sauce
Grocery	Condiments	13	Tablespoon	Sweet Chilli Sauce
Grocery	Condiments	4	Tablespoon	Tomato Sauce
Grocery	CookingOil	10	Tablespoon	Oil Olive
Grocery	CookingOil	1	Tin	Oil Olive Spray
Grocery	Flour	2	Tablespoon	Flour Corn
Grocery	HerbsSpices	1	Teaspoon	Coriander Ground
Grocery	HerbsSpices	1	Teaspoon	Garlic Minced
Grocery	HerbsSpices	1	Teaspoon	Ginger Dried

Grocery	HerbsSpices	3	Tablespoon	Mustard English
Grocery	MexicanFood	1	Packet	Taco Mix
Grocery	MexicanFood	12	Large	Taco Shells
Grocery	PastaSauce	690	ML	Pasta Sauce
Grocery	SaladDressing	0.5	Cup	Mayonaise
Grocery	Spreads	3	Tablespoon	Honey
Nil	Nil		Cup	Nil
Nil	Nil	187.5	ML	Water
RicePastaGrains	Rice	2	Cup	Rice White